Virtual Pediatric Refresher Conference
Saturday, January 22nd, 2022
8:00 a.m. – 4:30 p.m.

AGENDA

8:00 a.m.  Conference link opens

8:15 a.m.  Dr. Asha Nair, Director Continuing Medical Education
Welcome and Introduction

8:30 a.m. - 9:30 a.m. - Part 1

Dr. Liisa Johnston
Child and Adolescent Psychiatrist
Medical lead Dual Diagnosis Program

Sarena Dawn Bacon
Social Worker Dual Diagnosis Program

Glenna Hunter
Behaviour Analyst Dual Diagnosis Program

Introduction to Dual Diagnosis in Pediatrics
After attending this session, participants will be able to:
• Define/Describe characteristics of children/youth with Dual Diagnosis
• Evaluate some common needs of children/youth with Dual Diagnosis and
  of their caregivers
• Respond effectively to common needs of children/youth with Dual Diagnosis and their families.

9:30 a.m. - 10:30 a.m.

Dr. Nicole Le Saux MD, FRCP(C)
Professor, University of Ottawa
Division of Infectious Diseases

COVID-19 in 2022 - VVF : Vaccines, Variants and Fatigue
After attending this session, participants will be able to:
• Briefly review new data for clinical infection with SARS-CoV-2
• Review what is known about “long COVID” in children
• Understand the evolution of variants
• Review COVID vaccine efficacy and adverse events in children

10:30 a.m. - 10:45 a.m.

Nutrition Break

10:45 a.m. - 11:45 a.m. - Part 2

Dr. Liisa Johnston

Sarena Dawn Bacon

Glenna Hunter

Helping Children with Dual Diagnosis and their Families
When presented with case studies, attendees will be able to:
• Complete an assessment of a child/youth with dual diagnosis and their caregivers using a biopsychosocial model to identify needs
• Formulate a treatment plan using a biopsychosocial model to address common needs of children/youth with dual diagnosis and their caregivers.

11:45-12:30

Lunch
Afternoon Session

12:30 a.m.-1:30 p.m.
Dr. Nuray Kanbur, MD, FSAHM
Professor, University of Ottawa
Division of Adolescent Medicine

Adolescents with Chronic Illness and Resilience
After attending this session, participants will be able to:
• Describe problems and risks that adolescents with chronic illness face with a developmental perspective
• Discuss how to build strengths and coping strategies during the course of a chronic disease in adolescence by using a resilience framework

1:30 p.m. – 2:30 p.m.
Dr. Hazen Gandy: MD, FRCPC
Child and Adolescent Psychiatry
Medical Director of Eastern Hub site of the Ontario Tele-mental Health Program

What, me worry? The Office Management of Childhood Anxiety
After attending this session, participants will be able to:
• Understand and use assessment tools for assessing common anxiety disorders in children and youth.
• Implement therapeutic interventions suitable for the office practice including medications.
• Know when to refer for specialist assessment and intervention.

2:30 p.m.- 2:40 p.m.

Break

2:40 p.m. – 3:40 p.m.
Dr. Kevin Smit
Assistant Professor University of Ottawa
Pediatric Orthopedic Surgeon

Pediatric Orthopedic Spine and Lower Extremity Deformities;
When to Reassure and When to Refer!
After attending this session, participants will be able to:
• Describe adolescent scoliosis screening and know when to refer to peds ortho
• Perform a DDH newborn exam and know how to avoid a missed dislocated hip
• Evaluate gait in children and determine when too much internal or external rotation is too much!
• Examine pediatric foot abnormalities and learn how to reassure parents or normal variants

3:40 p.m. - 4:30 p.m.
Lisa Hicks
Pediatric Nurse Practitioner

Congenital (Cytomegalovirus) CMV: Understanding the Potential Outcomes.
After attending this session, participants will be able to:
• To implement new knowledge and skill on cCMV into practice.
• To explain the understanding of the Newborn Screening Ontario’s Infant Hearing program.
• To summarize the best practices for preventative counseling and care surrounding cCMV to individuals in their child bearing years.

4:30pm

Closing Remarks