

Virtual Pediatric Update

Saturday, June 24th, 2023
8:00a.m. – 4:00p.m.



AGENDA

8:00 a.m.	Conference link opens
8:10 a.m.	Dr. Asha Nair, Director Continuing Medical Education Welcome and Introduction
8:20 a.m. - 9:20 a.m. Dr. Natalie Finner Assistant Professor, uOttawa Division of Adolescent Medicine	Management of Eating Disorders in Children and Youth After attending this session, participants will be able to: <ul style="list-style-type: none">• Review diagnostic criteria for common eating disorders• Review the medical management of acute eating disorder complications and hospital admission criteria• Discuss resources and management strategies
9:20 a.m. - 10:10 a.m. Cathy Walker Registered Dietitian, CHEO Marian Habib Pharmacist, CHEO	What the growth chart may not tell us – hidden micronutrient deficiencies and practical management tools After attending this session, participants will be able to: <ul style="list-style-type: none">• Identify food sources of micronutrients vitamin A, C, D, folic acid, B12, iron and zinc• Identify risk factors for micronutrient deficiencies and clinical manifestations of deficiencies• Identify recommended supplement doses to correct micronutrient deficiencies• Access a resource list for vitamin and mineral supplements
10:10 a.m. - 10:25 a.m.	Nutrition Break
10:25 a.m. - 11:15 a.m. Dr. Alexandra Ahmet Associate Professor, uOttawa Division of Endocrinology	Adrenal Suppression-preventing morbidity and mortality in children being treated with glucocorticoids After attending this session, participants will be able to: <ul style="list-style-type: none">• Understand why and how adrenal suppression occurs and to identify risk factors for the development of this iatrogenic condition• Discuss the challenges and controversies about diagnosis and management of adrenal suppression• Describe a possible approach to identification, screening and management of children at risk of adrenal suppression
11:15 a.m. - 12:15 p.m. Dr. Erick Sell Associate Professor, uOttawa Division of Neurology Sammantha Dunseath Nurse Practitioner, Headache Clinic, CHEO Division of Neurology	Pediatric Headache-Management Strategies for the Community Physician After attending this session, participants will be able to: <ul style="list-style-type: none">• Outline a treatment algorithm for children suffering from migraine headaches.• General approach to most common pediatric headache types seen in the community.
12:15 p.m. - 1:00 p.m.	Lunch

Afternoon Sessions

1:00 p.m.- 1:50 p.m.

Dr. Jennifer Smith

Assistant Professor, uOttawa
Division of Emergency Medicine

Keeping minor injuries out of the emergency department: Burns, fractures, and lacerations that you can all manage!

After attending this session, participants will be able to:

- To recognize common minor injuries seen in the ED that could be managed by community physicians.
- To describe appropriate non-ED management and follow-up of these injuries.
- To clarify expectations from the ED and specialists when seeing these injuries.

1:50 p.m. - 2:50 p.m.

Dr. Janice Barkey

Assistant Professor, uOttawa
Division of Gastroenterology, Hepatology
& Nutrition

Updates in pediatric functional abdominal pain disorders: IBS and Constipation

After attending this session, participants will be able to:

- IBS: review of pathophysiology and update of treatment guidelines.
- Constipation: update on management strategies

2:50 p.m. - 3:00 p.m.

Break

3:00 p.m. – 4:00 p.m.

Dr. Katherine Matheson

Assistant Professor, uOttawa
Division of Child and Adolescent
Psychiatry

Infant and Early Childhood Mental Health

After attending this session, participants will be able to:

- To demonstrate the importance of Early Relational Health
- To elaborate on the CHEO Infant and Early Childhood Mental Health (IECMH) Program and review our referral process
- To appraise evidence-based IECMH interventions with a focus on Parent Child Interaction Therapy (PCIT) and pharmacotherapy

4:00pm

Dr. Asha Nair, Director Continuing Medical Education
Closing Remarks