

Virtual Pediatric Update

Saturday March 1, 2025

8:00 a.m. - 3:30 p.m.



AGENDA

8:00 a.m.

Conference link opens

8:10 a.m.

Dr. Asha Nair, Director, Continuing Medical Education
Welcome and Introduction

8:20 a.m. - 9:20 a.m.

Dr. Josh Schaffzin

Associate Professor, uOttawa
Division of Infectious Diseases, Immunology
& Allergy

Community Respiratory Update

After attending this session, participants will be able to:

- Review the guideline-based approach to community acquired pneumonia
- Review community epidemiology for and management of:
 - RSV
 - Influenza
 - Mycoplasma pneumoniae
- Discuss the benefits of vaccination to prevent respiratory disease

9:20 a.m. - 10:05 a.m.

Dr. Melissa Carter

Associate Professor, uOttawa
Clinical Geneticist, CHEO

Genetic testing made easy (or easier...)

After attending this session, participants will be able to:

- List the range of genetic tests available.
- Demonstrate confidence about ordering genetic testing.
- Make use of resources to get help when you need it.

10:05 a.m. - 10:20 a.m.

Nutrition Break

10:20 a.m. - 11:20 a.m.

Dr. Ilana Hanes

Community Pediatric Neurologist
Neonatal and Fetal Neurologist

Common Referrals to the Community Pediatric Neurologist

After attending this session, participants will be able to:

- Describe the role of a community pediatric neurologist and the new landscape of community pediatric neurology in Ottawa.
- Identify when and what to refer to community pediatric neurology.
- List common neurological presentations referred to community pediatric neurology.

11:20 a.m. - 12:20 p.m.

Dr. Anne Pham-Huy

Associate Professor, uOttawa
Division of Infectious Diseases, Immunology
& Allergy

Evaluating the child with possible primary immunodeficiency - where to start, where to go?

After attending this session, participants will be able to:

- Discuss recent advances in pediatric clinical immunology.
- Identify clinical signs of primary immunodeficiency in the outpatient setting.
- Outline a basic diagnostic approach for primary immunodeficiency and inborn errors of immunity.
- Recall referral criteria for clinical immunology at CHEO.

12:20 p.m. - 1:05 p.m.

Lunch

Afternoon Sessions

1:05 p.m. - 2:20 p.m.

Dr. Sophia Hrycko

Child and Adolescent Psychiatrist
Consultation Liaison Medical Lead

Pediatric psychopharmacology update

After attending this session, participants will be able to:

- Review pharmacotherapy in pediatric anxiety disorders.
- Describe the impact of ADHD on pediatric anxiety disorders and its impact on pharmacologic treatment.
- Describe strategies for stopping or cross-titrating antidepressants in youth with anxiety disorders.
- List pharmacological options to manage insomnia.

2:20 p.m. - 2:30 p.m.

Nutrition Break

2:30 p.m. - 3:30 p.m.

Dr. Asha Nair

Assistant Professor, uOttawa
Division of Pediatric Medicine,
Deputy Chief of Developmental Pediatrics
Division of Development & Rehabilitation.

Laura Conchie

Manager, Development & Rehabilitation

I've Referred a Patient to the Children's Treatment Center, CHEO: What's Next? Process, Journey and Looking Ahead

After attending this session, participants will be able to:

- Identify the role of the CHEO Access team in the referral process.
- List the services available to patients based on developmental profile and catchment area.
- Demonstrate support for a family's journey from referral to service delivery.

3:30 p.m.

Dr. Asha Nair, Director, Continuing Medical Education
Closing Remarks