

# Virtual Pediatric Update

Saturday June 20, 2026

8:00 a.m. - 3:30 p.m.



## AGENDA

8:00 a.m.

Conference link opens

8:10 a.m.

**Dr. Asha Nair, Director, Continuing Medical Education**  
Welcome and Introduction

8:20 a.m. - 9:20 a.m.

**Jennifer Kiewewalter**

Speech Language Pathologist/Clinical  
Coordinator

First Words Preschool Language  
Program

**ABC's of Early Communication: When to Refer Preschoolers**

After attending this session, participants will be able to:

- Increase awareness of early communication milestones, signs of difficulty, and referral pathways for preschool children at risk of speech and language delays.
- Recognize common clinical presentations, focusing on late talkers, childhood apraxia of speech and stuttering
- Describe the FWCCU online screening tool available to families in the Ottawa & Renfrew County region.
- Identify key Speech-Language Pathology and community services that support preschool children and their families.

9:20 a.m. - 10:20 a.m.

**Dr. Michael Cheng**

Associate Professor, uOttawa  
Child and Family Psychiatrist, CHEO

**Young Children with Disruptive Behaviours: Assessment, Differential Dx and Management Planning in the Pediatric Setting**

After attending this session, participants will be able to:

- Assess: Ask parents/caregivers questions that explore what is underneath the behaviour;
- Dx / DDx: List what factors / issues / conditions might be underneath the behaviour;
- Management: Create a management plan based on relevant factors for that specific child / family.

10:20 a.m. - 10:35 a.m.

**Nutrition Break**

10:35 a.m. - 11:35 a.m.

**Dr. Erick Sell**

Associate Professor, uOttawa  
Pediatric Neurologist, CHEO

**Approach to child with seizures/paroxysmal events**

After attending this session, participants will be able to:

- Recognize and list the key features of seizures including febrile and non-febrile seizures.
- Describe the management for a child with a seizure.
- Differentiate seizures from typical paroxysmal events in children including BRUE, syncope, arrhythmias and breath-holding spells
- Describe the presentation, differential diagnosis, investigations and management plans for non-epileptic/paroxysmal events including BRUE, syncope, breath-holding spells.

**11:35 a.m. - 12:35 p.m.**

**Dr. Taehoo Kim**

Assistant Professor, uOttawa  
Medical Imaging, CHEO

**Dr. Nishard Abdeen**

Assistant Professor, uOttawa  
Medical Imaging, CHEO

**Evidence-based Indications for Pediatric Ultrasounds**

**After attending this session, participants will be able to:**

- Apply evidence-based guidelines for ultrasound in common pediatric presentations (abdominal pain, constipation, hydronephrosis, scrotal/inguinal pathologies, lymphadenopathy, soft tissue injuries)
- Review essential clinical information in imaging requisitions and clarification letters for undescended testicles, inguinal hernia, and lymphadenopathy.
- Discuss appropriate imaging alternatives of common presentations based on current guidelines.

**12:35 p.m. - 1:20 p.m.**

**Lunch**

## Afternoon Sessions

**1:20 p.m. - 2:20 p.m.**

**Dr. Eleni Levreault**

Assistant Professor, uOttawa  
Division of Adolescent Medicine, CHEO

**Playing quarterback: Recognition and initial management of pediatric/adolescent eating disorders for the community pediatrician**

**After attending this session, participants will be able to:**

- Review the diagnostic criteria and clinical features of common pediatric/adolescent eating disorders
- Recognize red flags that require urgent assessment and/or escalation in level of care
- Discuss initial management approaches for a community-based provider, including potential 'wait list interventions'

**2:20 p.m. - 2:30 p.m.**

**Nutrition Break**

**2:30 p.m. - 3:30 p.m.**

**Dr. Christiaan Scott**

Full Professor, uOttawa  
Division of Dermatology and Rheumatology,  
CHEO

**Diagnosis and referral of common rheumatological conditions**

**After attending this session, participants will be able to:**

- Be aware of common rheumatic and musculoskeletal conditions: Red Flags and Pitfalls
- Explore using PGALS examination technique to make better referrals
- Understand other online tools such and resources that enable the busy clinician to efficiently deal with MSK complaints.

**3:30 p.m.**

**Dr. Asha Nair, Director, Continuing Medical Education**  
**Closing Remarks**